

Vision

To develop physically fit, mentally strong, and socially responsible graduates who demonstrate excellence in sports, physical education, and healthy living. The department strives to create lifelong learners, ethical leaders, and active citizens who promote physical fitness, sportsmanship, and wellness, contributing to a healthier and more active society.

Mission

- To provide quality physical education and sports programs that foster holistic development among students.
- To create opportunities for students to excel in sports through systematic training, coaching, and competitive participation.
- To develop leadership, discipline, teamwork, communication skills, and ethical values through sports and physical activities.
- To promote lifelong health, fitness, and wellness by encouraging regular participation in physical activities.
- To integrate modern technology and innovative teaching practices in physical education for effective learning.
- To nurture responsible citizens who appreciate diversity, inclusiveness, and fair play in all aspects of life.

Department Values

- | | |
|-----------------|-----------------------------|
| • Integrity | • Student-Centered Learning |
| • Respect | • Leadership |
| • Excellence | • Inclusiveness |
| • Discipline | • Communication |
| • Sportsmanship | • Empowerment |
| • Teamwork | • Lifelong Learning |

Objectives of Physical Education

The Department of Physical Education aims to promote the overall development of students by enhancing their physical fitness, mental well-being, emotional stability, and social responsibility. The department encourages students to adopt a healthy lifestyle, participate actively in sports, and develop essential life skills through physical education.

The objectives are:

- To develop physical fitness and motor abilities such as strength, speed, endurance, flexibility, agility, balance, and coordination.
- To impart scientific knowledge and practical skills related to physical education, games, sports, yoga, and fitness.
- To develop technical and tactical skills required for participation in various games and sports.
- To promote leadership qualities, discipline, self-confidence, emotional stability, and decision-making abilities.
- To foster teamwork, cooperation, sportsmanship, and respect for rules and ethical values.
- To encourage mass participation in sports and recreational activities for lifelong health and wellness.
- To identify and nurture talented sportspersons and provide opportunities for excellence at university, state, national, and international levels.
- To provide a safe, inclusive, and supportive environment with quality sports infrastructure and modern facilities.
- To promote physical, mental, social, and emotional well-being among students.
- To organize intercollegiate, intramural, and extension sports activities for the holistic development of students.

Aims

- To promote holistic development through physical education and sports.
- To develop physically fit, mentally alert, emotionally balanced, and socially responsible individuals.
- To encourage lifelong participation in physical activity and healthy living.
- To cultivate leadership, discipline, teamwork, and sportsmanship.
- To achieve excellence in sports performance at all competitive levels.
- To create awareness about health, nutrition, fitness, and wellness.
- To provide equal opportunities for all students irrespective of gender and background.
- To contribute towards nation-building by producing healthy, confident, and responsible citizens.

Outdoor Games

Cricket
Kabbadi
Basketball
Football
Kho-Kho
Badminton
Volleyball
Athletics

Indoor Games

Table Tennis
Carrom
Aerobics
Chess
Yoga



Activities



Organizing In Inter Disciplinary National Conference



अंतर महाविद्यालयीन व्होलीबॉल व अथलेटिक्स स्पर्धेत सहभाग

Activities



अंतर महाविद्यालयीन वेटलिफ्टिंग स्पर्धेचे आयोजन



अंतर महाविद्यालयीन बुद्धिबळ स्पर्धेत सहभाग



अंतर महाविद्यालयीन व्हॉलीबॉल स्पर्धेत सहभाग

Sports Achievers

SHRI SUDHAKIRRAO NAIK ARTS & UMASHANKAR KHETAN
COMMERCE COLLEGE, AKOLA



DEPARTMENT OF PHYSICAL EDUCATION



-: LIST OF COLOR COAT HOLDERS :-

Sr. No.	Name of Student	Name of the Game	Year
01	Ku. Seema R. Khadse	Basketball	1990-91
02	Namdev M. Bamle	Kabaddi	1995-96
03	Ku. Madhvi N. Tichkule	Hand Ball	1995-96
04	Sunil T. Raut	Hand Ball	1995-96
05	Ram w. Chopde	Hand Ball	1995-96
06	Santosh C. Rajurkar	Hand Ball	1995-97
07	Rajesh V. Mandavgde	Hand Ball	1995-97
08	Prashant S. Thakre	Volley Ball	1995-98
09	Amol S. Thakre	Volley Ball	1995-98
11	Santu J. Warde	Cross-country	2006-07
12	Ku. Cheni N. Panchriya	Folk Dance	2015-16
13	Vaibhav P. Gadhe	Folk Orchestra	2016-17
14	Aanadgovind N Sapkal	Power Lifting	2024-25

International Yoga Day

